

ADVISORY TO REDUCE CHANCES OF BEING INFECTED OR SPREADING COVID-19 BY TAKING SOME SIMPLE PRECAUTIONS:

- Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water. Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.
 - Apply a coin-sized amount on your hands. There is no need to use a large amount of the product.
 - Avoid touching your eyes, mouth and nose immediately after using an alcohol-based hand sanitizer, as it can cause irritation.
 - Hand sanitizers recommended to protect against COVID-19 are alcohol-based and therefore can be flammable. Do not use before handling fire or cooking.
 - Under no circumstance, drink or let children swallow an alcohol-based hand sanitizer. It can be poisonous.

- Maintain at least 1 metre (3 feet) distance between yourself and others. When someone coughs, sneezes, or speaks they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person has the disease.
- Avoid going to crowded places. Where people come together in crowds, you are more likely to come into close contact with someone that has COVID-19 and it is more difficult to maintain physical distance of 1 metre (3 feet).
- Avoid touching eyes, nose and mouth. Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and infect you.
- Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately and wash your hands. Droplets spread virus. By following good respiratory hygiene, you protect the people around you from viruses such as cold, flu and COVID-19.
- Stay home and self-isolate even with minor symptoms such as cough, headache, mild fever, until you recover. Have someone bring you supplies. If you need to leave your house, wear a mask to avoid infecting others. Avoiding contact with others will protect them from possible COVID-19 and other viruses.
- If you have a fever, cough and difficulty breathing, seek medical attention, but call by telephone at the Infirmary. #531.
- Follow the Govt. Health Authority guidelines as issued from time to time.
- The above advisory is based on the latest WHO guidelines.

ACTION TAKEN AT IIITD TO PREVENT SPREAD OF COVID 19

A Covid Care Committee was constituted by the Director to monitor and take decisions to prevent the spread of the Corona virus.

The Committee meets periodically and based on the same the various temporary arrangements are made from time to time to deal with the situation:

- The medical infirmary was strengthened with the appointment of a full time Resident Doctor in addition to the Senior Visiting Doctor, Dr Lubna #531.
- Any person coming from outside to faculty residences undergoes self-isolation for 14 /10 days,
- PhD students and RA from outside states are being provided with isolation facility before entering the hostels.
- Caregivers render necessary facilities for them viz fooding and waste disposal for them at the doorstep.
- No movement of personnel allowed in the campus other than essential services/courier only to ground floor of residences/gate for hostels
- Infirmary strengthened with adequate stock of medicines for residents and hostelers.
- A Covid equipment docking station with oxygen concentrators, pulse oximeters, thermometers, BP apparatus, medicines etc. has been created in the faculty residences area to meet any requirements of the faculty residents for mild/moderate cases before hospitalisation.
- A dedicated group of housekeeping personnel is deployed to keep cleaning the door knobs, lift /buttons, handles, children play equipment etc at regular intervals throughout the day. Cleaning and maintenance of hygienic conditions are given high priority.
- Wherever ducted HVAC systems exist, the same were either kept shut or put to use after addition of UVGI system to ensure safety of the occupants.
- A Covid Donation fund was created and the FMS and Housekeeping staff that served the Institute in the tough times during lockdown by staying in campus were rewarded from the same. The staff who came to the Campus during such time to manage the services and student affairs were appreciated as Covid Combatants.
- Advisories, SOP and updated information on Covid are being uploaded on the website from time to time.